

Resources for Teens

National Alliance on Mental Illness (NAMI) - Family Resources

Offers a range of resources, support, and education for families affected by mental health conditions.

Family Support Network

Provides resources and support for families dealing with mental health issues, including counseling and peer support.

The National Parent Helpline

Offers emotional support and advocacy for parents and caregivers, including those dealing with mental health challenges.

The Family Institute

Provides counseling and resources for families dealing with mental health issues, including therapy and support groups.

Parents Anonymous

Offers support groups and resources for parents and families dealing with mental health and parenting challenges.

Child Mind Institute

Provides resources and support for families dealing with children's mental health issues, including guidance on managing various conditions.

Mental Health America (MHA) - Family Resources

Offers information and support for families dealing with mental health conditions, including tools and resources for understanding and managing mental health.

Family Connections

Provides family therapy and counseling services, focusing on mental health and family dynamics.

The Family Wellness Center

Offers mental health services, education, and resources for families seeking to improve their well-being.

The Trevor Project - Family Support

Provides resources and support for families of LGBTQ+ youth, including mental health support and advocacy.

Families for Depression Awareness

Provides education, support, and resources for families dealing with depression and other mental health issues.

National Federation of Families for Children's Mental Health

Offers support and advocacy for families with children experiencing mental health challenges.